

# 2025 SPRING PROGRAM

### Where Netball Starts, but the Fun Never Ends!

Woolworths NetSetGo is Australia's leading grassroots netball program, designed for children aged 5-10 to experience the joy of netball in a fun, safe, and welcoming community.



SCAN TO REGISTER!

# Waverley Night Netball Association Inc. hold programs on a Tuesday and Friday after school

@ Waverley Netball Centre, Corner Waverley & Jells Rd, Glen Waverley.



### Select from the following programs:

<b>Net: Skills &amp; Activities</b>
5 – 7-year-olds (60 min)
Tuesday – 4pm & 5pm
Friday – 4pm ONLY

Participants must turn 5 prior to enrolling.

The Net Skills & Activities program is designed to develop the movement and motor skills of participants whilst using specially designed equipment.

Sessions are structured into fun games, with activities that are aimed at teaching and developing movement (run, jump etc.) and handeve coordination.

### Set: Skills & Competition 7 – 10-year-olds (60 min) Tuesday – 4pm & 5pm Friday – 4pm ONLY

Set Skills & Competition is a skills development program and a modified game, which enables children to learn skills and court positions.

The sessions will start with a warmup and learning skills and ball drills. This will be followed up with up to 30 minutes of game play.

## Waverley Netball Centre NetSetGo Program Information

#### **PROGRAM FEES:**

### Participants can register for:

Tuesday sessions (16 weeks): \$136.00 Friday sessions (16 weeks): \$136.00

### PLUS: NETBALL VICTORIA NetSetGo MEMBERSHIP FEE \$90.00

(All participants must have a 2025 Netball Victoria Membership)

### **PAYMENT:**

All registrations and payments must be made online. If you have any problems, please contact Waverley Netball Centre on 03 9560 7023 or email <a href="mailto:angela@waverleynetball.com.au">angela@waverleynetball.com.au</a>

# No Program on the following dates:

- 23<sup>rd</sup> September
 - 30<sup>th</sup> September
 - 4<sup>th</sup> November

# No Program on the following dates:

- 19<sup>th</sup> September

- 26<sup>th</sup> September - 3<sup>rd</sup> October

- 31st October

### **Program dates:**

### **TUESDAY PROGRAM**

Week 1: 29<sup>th</sup> July
Week 2: 5<sup>th</sup> August
Week 3: 12<sup>th</sup> August
Week 4: 19<sup>th</sup> August
Week 5: 26<sup>th</sup> August
Week 6: 2<sup>nd</sup> September
Week 7: 9<sup>th</sup> September
Week 8: 16<sup>th</sup> September
Week 9: 7<sup>th</sup> October
Week 10: 14<sup>th</sup> October
Week 11: 21<sup>st</sup> October
Week 12: 28<sup>th</sup> October
Week 13: 11<sup>th</sup> November
Week 14: 18<sup>th</sup> November
Week 15: 25<sup>th</sup> November

Week 16: 2<sup>nd</sup> December

### **FRIDAY PROGRAM**

Week 1: 25<sup>th</sup> July Week 2: 1st August Week 3: 8<sup>th</sup> August Week 4: 15<sup>th</sup> August Week 5: 22<sup>nd</sup> August Week 6: 29<sup>th</sup> August Week 7: 5<sup>th</sup> September Week 8: 12<sup>th</sup> September Week 9: 10<sup>th</sup> October Week 10: 17<sup>th</sup> October Week 11: 24th October Week 12: 7th November Week 13: 14<sup>th</sup> November Week 14: 21st November Week 15: 28<sup>th</sup> November Week 16: 5th December

#### Uniform

Participants are required to wear the Woolworths T-shirt they will be receiving in their Participation Pack, shorts/ track pants or Netball skirt and suitable runners to all sessions.

Please make sure you select your size and we suggest Melbourne Mavericks as your SSN team as they train at Waverley Netball Centre just like you!

#### **Attendance**

It is important that if you are not able to attend one of the sessions that you phone the Waverley Netball Centre on 9560 7023 or email angela@waverleynetball.com.au.

### **Session Information**

Each session works on a ratio of no more than 1: 10 for Net and 1:15 for Set programs.

Net and Set participants are divided up into groups. We try to divide them into groups based on age and ability. If you think that your child is not in the right group, please speak to a member of staff.

### FOR A FREE TRIAL SESSION email angela@waverleynetball.com.au

Please visit our website <a href="www.waverleynetball.com.au">www.waverleynetball.com.au</a>
to sign up or scan the QR code.

Participant packs will be sent directly to each participant at the time of registration.



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E-mail: info@waverleynetball.com.au or visit our website: www.waverleynetball.com.au